## PSA: Children's Dental Health Month – February 2015

AUDIO:
February is National Children's Dental Health Month in Maryland. The
(YOUR LOCAL HEALTH DEPARTMENT) reminds parents that their children can prevent cavities.
Brushing with fluoride toothpaste, flossing daily, drinking tap water if your community water system
or private well has fluoride in it, eating a balanced diet without sugary foods or drinks, and having
regular dental check-ups are the keys to a lifetime of healthy teeth and gums. Learn how to Love that
Smile! Visit <a href="http://phpa.dhmh.maryland.gov/oralhealth/">http://phpa.dhmh.maryland.gov/oralhealth/</a> for resources and interactive games.

This message brought to you by this station and (YOUR LOCAL HEALTH DEPARTMENT).

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